

Tendon Transfer Surgery At Turan & Turan Bone Muscle Joint Health

What is Tendon Transfer Surgery?

In tendon transfer surgery, a normally functioning tendon is transferred to that area to restore movement in the tissue that has lost its function. **Tendon transfer surgery** ensures proper alignment of the muscles, reduces walking problems and increases flexibility. Tendon transfer for the arm and hand areas can improve the ability to grasp small items.

There are three conditions for the application of tendon transfer surgery:

- The muscle to which the tendon to be transferred is attached must be functional.
- The tissue to which the tendon will be transferred should be as normal and healthy as possible. If the tissue has large wound areas or skin damage, tendon transfer may be difficult.
- Joints to which tendon transfer is performed must be mobile.

How is Tendon Transfer Surgery Performed?

Tendon transfer surgery is performed as a result of the loss of function of the muscles and tendons in the joint areas. Tendon transfer surgery is usually performed under general anesthesia. The tendon attached to the muscle is removed and positioned to the damaged area and sutured.

Tendon transfer surgery can be performed in the following cases;

- Tendon ruptures caused by rheumatic diseases,
- Traumatic injuries,
- Neuromuscular disorder (such as cerebral palsy, stroke etc)
- Birth defect (affecting muscle function)

Recovery After Tendon Transfer Surgery

Recovery after tendon transfer surgery can take about one to two months. In this process, splint or a plaster is used to keep the tendon transferred limb stable and prevent any injury. After the tendon transfer surgery, physical therapy is important for the faster recovery process.

Price Includes:

- Orthopedic consultation, Anesthesiologist consultation, Doctor follow-ups,
- Pre-operative Blood Tests,
- X-Rays, MRIs,
- O-ARM Navigation Systems,
- Nursing services,
- Translation and Interpreter Services,
- The patient and companion room services,
- Airport-Hospital-Airport Transfer (VIP Car Service)
- 5 Days of Hospitalization

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